

Studying the Psalms



David wrote this Psalm when he fled from his son Absalom.
Read 2 Samuel 13-19.

Verses 1-2

Choose the adjectives from the list below that describe what David may have been feeling in this section.

- | | |
|-------------|--------------|
| Overwhelmed | Trusting |
| Scared | Appreciative |
| Confident | Lonely |
| Worried | Stressed |

Verses 3-4

List three things that God does for David from this section.

1. _____
2. _____
3. _____

Verses 5-6

What transformation seems to have happened to David from this section?

Verses 7-8

What adjectives from the first list describe what David may have been feeling in this section?

What do we learn about God in verse 8?

What about you?

David had huge problems, but he trusted God. His own son is trying to kill him to get the kingdom and in the midst of this horrible time, David turns to the Lord. Do you go to God with your problems?

Yes

No

Characteristics of people who trust God

- They can sleep at night
- They have a feeling of peace
- They don't worry
- They are not afraid
- They are optimistic
- They know trials are good
- They look forward to the future

Characteristics of people who don't trust God

- They have trouble sleeping
- They are anxious
- They worry about everything
- They are afraid of failure
- They are pessimistic
- They hate hard times in their lives
- They only think of the here and now

What is stopping you from trusting the Lord with your problems?

Pray about it.

The promises and the blessings of the Lord are available to you if you will trust like David trusted. What problems are you currently praying about and trusting the Lord with?

PRAY - READ - PRAY - ASK - PRAY - LISTEN - PRAY - OBEY - PRAY